

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

			Word Games 1 1:30 Wonderful Wednesday with Michelle Work it Wed: NuStep	Thursday Thinkers 2 Puzzle Thrilling Thursday Game Time Thirsty Thursday	Brain Strains 3 1:30 Tai Chi with Bob Friday Flick	Saturday Sip n' Sing Games/Outdoor Walk 4
Sunday Singing! Puzzles and Games 5	Mindful Monday Puzzles and Music 1:30 Tai Chi with Bob Movie Matinee 6	Take Five Tuesday Crosswords Tuesday Trims: Hair & Nails After Dinner Game 7	Word Games 8 1:30 Wonderful Wednesday with Michelle Work it Wed: NuStep	Thursday Thinkers Puzzle Thrilling Thursday Game Time Thirsty Thursday 9	Friday Funday/Flick Party Prep 6:00 Friendsgiving with music by the KFB 10	Meal Prep Red, White & Blue Lunch Patriotic Sing-a- Long <small>Veterans Day Remembrance Day (Canada)</small> 11
Puzzles & Games 3:00 Church Service with Carmela <small>Diwali (Hindi)</small> 12	Mindful Monday Puzzles & Games Movie Matinee 13	Take Five Tuesday Crosswords Tuesday Trims: Hair & Nails After Dinner Game 14	Word Games 15 1:30 Wonderful Wednesday with Michelle Work it Wed: NuStep	Thursday Thinkers Puzzle Resident Choice Outing Thirsty Thursday 16	Brain Strains 1:30 Tai Chi with Bob Friday Flick 17	Saturday Sip n' Sing Games/Outdoor Walk 18
Sunday Singing! Puzzles and Games 19	Mindful Monday Puzzles and Music 1:30 Tai Chi with Bob Movie Matinee 20	Take Five Tuesday Crosswords Tuesday Trims: Hair & Nails After Dinner Game 21	Word Games 22 1:30 Wonderful Wednesday with Michelle Work it Wed: NuStep	Meal Prep Thanksgiving Feast! Movie: Charlie Brown Thanksgiving <small>Thanksgiving Day (US)</small> 23	Brain Strains 1:30 Tai Chi with Bob Friday Fiddlin' 24	Fiddle Tunes with Ruthie Games/Outdoor Walk 25
Puzzles & Games 3:00 Church Service with Carmela 26	Mindful Monday Puzzles and Music 1:30 Tai Chi with Bob Movie Matinee 27	Take Five Crosswords Tuesday Trims: Hair & Nails After Dinner Game 28	Word Games 29 1:30 Wonderful Wednesday with Michelle Work it Wed: NuStep	Thursday Thinkers Puzzle Resident Choice Outing Thirsty Thursday 30	Items in red are open to the community! Bold items will be led by volunteers. <i>Activities subject to change due to unforeseen circumstances.</i>	