

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
 <h1 style="color: red; text-align: center;">September 2022</h1> <p style="text-align: center;">Activities subject to change due to unforeseen circumstances. Bold items will be led by volunteers. Items in red are outdoors and open to the community!</p>						1	2	3	1:30 Thrilling Thursday with Michelle <ul style="list-style-type: none">• Thirsty Thursday 		11:30 Tai Chi with Bob <ul style="list-style-type: none">• Karaoke and Games 		9am – Noon: Outdoor Volunteer Workday <i>*register online</i>	
4		5		6		7		8		9		10		
Sunday Sippin' and Games		Happy Birthday, Ruthie! 2:30 Labor Day Movie: 9 to 5 4:30 Pool Party		<ul style="list-style-type: none">• Terrific Tuesday Swim• Tuesday Treat 		<ul style="list-style-type: none">• Garden produce processing• Work-it Wednesday Nustep exercises 		1:30 Thrilling Thursday with Michelle <ul style="list-style-type: none">• Thirsty Thursday 		11:30 Tai Chi with Bob <ul style="list-style-type: none">• Karaoke and Games 6:00 Campfire Sing-a-long		Open Activities: Staff & Resident Choice		
11		12		13		14		15		16		17		
Intergenerational Music Therapy with Ruthie		11:30 Tai Chi with Bob <ul style="list-style-type: none">• Monday Movie Matinee 		<i>1:30 Outing to Sunset Memorial Gardens</i> 5:00 Staff Meeting & Pizza Party		<ul style="list-style-type: none">• Garden produce processing• Work-it Wednesday Nustep exercises 		1:30 Thrilling Thursday with Michelle <ul style="list-style-type: none">• Thirsty Thursday 		11:30 Tai Chi with Bob <ul style="list-style-type: none">• Karaoke and Games 		9am – Noon: Outdoor Volunteer Workday <i>*register online</i>		
18		19		20		21		22		23		24		
Sunday Sippin' and Games		11:30 Tai Chi with Bob <ul style="list-style-type: none">• Monday Movie Matinee 		<ul style="list-style-type: none">• Tuesday Trims: Nails & Hair• Tuesday Treat 		<ul style="list-style-type: none">• Garden produce processing• Work-it Wednesday Nustep exercises 		1:30 Thrilling Thursday with Michelle <ul style="list-style-type: none">• Thirsty Thursday 		11:30 Tai Chi with Bob <ul style="list-style-type: none">• Karaoke and Games 		Intergenerational Music Therapy with Ruthie		
25		26		27		28		29		30				
3:00 Sunday service with Teresa		11:30 Tai Chi with Bob <ul style="list-style-type: none">• Monday Movie Matinee 		<ul style="list-style-type: none">• Tuesday Trims: Nails & Hair• Tuesday Treat 		<ul style="list-style-type: none">• Garden produce processing• Work-it Wednesday Nustep exercises 		1:30 Thrilling Thursday with Michelle <ul style="list-style-type: none">• Thirsty Thursday 		11:30 Tai Chi with Bob <ul style="list-style-type: none">• Karaoke and Games 				