

**Mission:** To promote meaningful relationships between young and old, empowering individuals to serve and strengthen one another in a diverse, faith-based, green community.

**Vision:** To develop a Therapeutic Interactive Intergenerational Neighborhood (TIIN) that is sustainable and replicable.

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## Flourishing in 2020

Our Adult Family Home has flourished during the 2020 pandemic by fostering all the elements of a healthy lifestyle—exercise, interesting, creative, and fun activities, and meals that feel like a party! We worked hard to stay connected and tend to our shared space, keeping our home fresh and beautiful. We

teer days, and direct connections with extended family and friends, but we are



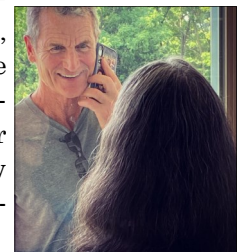
Outdoor picnic time



Fun with staff and residents

also enhanced our performance review process, so it is self-initiated and goal-directed. The end result has been happy and healthy people facing life and challenges together! We have missed our monthly potlucks, our large volun-

grateful that to date our home has remained COVID-Free. Scientific guidance helped us to keep everyone safe and in contact by using technology and windows, Personal Protective Equipment, and outdoor visits. Winter presented a new challenge, so we created a...



Window Visits

(continued pg. 2)

## Sustaining Community During COVID-19

We are grateful for our community of supporting volunteers, businesses, churches, community organizations, and generous sponsors.



So thankful for all our community volunteers



Grateful for all working to maintain our home and yard

Due to COVID-19, we had to be creative and engage our volunteers in outdoor, small teams where they could practice social distancing. We are grateful to volunteer individuals and small teams. (continued pg. 2)



Art for all

## Impact through the Arts

We enjoyed many virtual concerts with the Krause Family Band and other musicians in our community. We also were enriched by volunteers sharing their many artistic talents in creative virtual or socially distanced activities for residents and staff.



Musical Community

## Sustaining Community (continued)

...from local business such as Exact Sciences, local churches, such as High Point Church, City Church, and Blackhawk Church



Community volunteers maintaining the outdoor space

Throughout this challenging year, you helped us to stay connected and to know that we are supported. Many thanks also to our Board of Directors, and extended community of Lawyers, architects, and other consultants who have helped us to move forward with our vision and prepare for expanding our programs and services.

Our amazing volunteers have once again helped us to maintain our property and many businesses have provided discounted services that have helped us to develop and thrive. Thank you!



Community volunteer leading socially distanced Tai Chi



Fresh air on our wonderful porch!

## Flourishing in 2020 (continued)

...safe indoor space to keep visitors out of the cold, while keeping a safe barrier of protection. Ultraviolet lights, sanitizing wipes and fresh air keep this space safe.

Our founding values and program design have also helped us through these tumultuous times as having mostly live-in staff has created stability and added safety for both staff and residents.. It has also created a foundation for meaningful conversations as we have learned from each other in our diverse community. We respect each person's right to privacy while creating opportunities to interact and celebrate life. We have met the challenges of this year through shared strengths and responsibilities, where we are all growing and flourishing together.



Indoor window visits

We were highlighted in the book "Neighbors, the Power of the People Next Door", by Brenda Eheart, and our pioneering journey has included major development steps in 2020. We look forward to sharing more on the next steps in completing the first Therapeutic Interactive Intergenerational Neighborhood (TIIN), so stay tuned.

# Financial Update



Our Adult Family Home

Special thanks to our monthly donors and to those who give annually for your support and partnership, helping us to finish strong this year.

**2020 Financials:** Total Revenue: \$289,681  
Total Expenses: \$261,002



Thank you!

## Founders & 2020 Board of Directors

### Executive Leadership



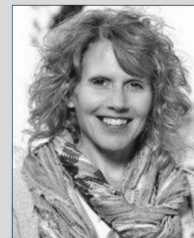
Executive Director

**Karin Krause, RN**  
H&F Cofounder  
Small Business  
Owner, Nursing  
Supervisor, C.N.A  
Instructor, and  
Entrepreneur



President

**Mark Barnard,**  
MSc, MBA, PhD-  
Business  
Management,  
Business Professor



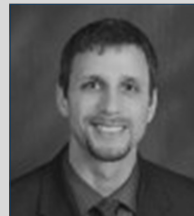
Vice President

**Paula Reif, MS,**  
H&F Cofounder  
**Project Director-**  
RSVP of Durham  
County, certified Fami-  
ly Life Educator, Faci-  
litator with Intergener-  
ational Leadership  
Institute and Getting  
Ahead



Secretary

**Jean Collins, BS in**  
Environmental  
Engineering,  
**Director of Admin-  
istration** of the  
Stephen & Laura  
Brown Foundation



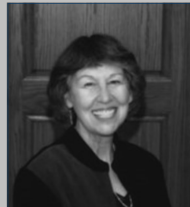
Treasurer

**Derek Kraemer, MBA,**  
CPA  
**Lead Financial  
Analyst** at M3  
Insurance

### Directors



**Ann Shade, BS,**  
Semi-retired, with  
prior Leadership in  
Headstart, domestic  
violence prevention  
and education, work-  
force development,  
training and adminis-  
trative support at UW



**Terri Alexander,**  
BA, **Special Educa-  
tion Assistant** at  
Memorial High  
School  
Volunteer coordina-  
tion, Gardener &  
outdoor space vision-  
ary at Hope & A  
Future



**Terri Buechner,**  
**Relationship  
Manager/Long  
Term Care Con-  
sultant** at-Dahl  
Financial Group,  
500 hr certified  
Yoga instructor,  
Founder of Happy  
Hope Yoga



**Angeline Mbutngam,**  
BS in Community &  
Nonprofit Leadership  
**Engagement Program  
Coordinator** at UW  
Foundation & Alumni  
Association, experience  
and skills in community  
development, leader-  
ship, technology and  
communications



**Tammy Taylor, BS in**  
Business Administra-  
tion  
**Founder/President,**  
of Crossgen Solutions,  
experience in project  
management,  
consulting and  
management of large  
scale operations and  
government contracts



**Carrie Rice, BS-**  
Early Childhood Spe-  
cial Education,  
**Senior Quality  
Assurance Officer** at  
Covance  
Experience in Leader-  
ship and Nonprofit  
Management serving  
at risk children and  
families

## HOPE & A FUTURE

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The cornerstone couple

## Hope & A Future

*Strengthening the generations  
by bringing them together*

**We're on the web:**

[https://www.facebook.com/  
HopeAFutureInc3/](https://www.facebook.com/HopeAFutureInc3/)

<http://www.hopeandafutureinc.org/>



The household gathered

### Staff and Resident Gratitude

We are so thankful for your  
resiliency through all of  
the challenges of 2020.  
Together we were able to  
make it through and we  
were so glad to add baby  
Leon to our life together!



Ruthie and Leon

# Hope & A Future Program Model

**Therapeutic**-The detrimental effects of loneliness and isolation are replaced with purpose and belonging in the staffed intentional neighborhood. Hopelessness is replaced with goal directed living. Stress and trauma are alleviated with social support and



Intergenerational activities

trauma informed care, which have been scientifically shown to improve both physical and mental health.

**Interactive**-A unique combination of housing, services and programs bring people of diverse ages, cultures and

financial background together with intention. Intergenerational volunteers from the greater community add richness to the life of the TIIN and the greater community. Interactive classes for people interested in TIIN living set the stage. Together staff and participants explore diversity awareness and inclusion, goal directed living, the sharing of gifts and talents as well as requesting and offering help and support where needed.

**Intergenerational**-TIIN Programs are built around the notion that older adults and young families have the potential to help each other flourish. Older Adults bring a lifetime of wisdom and the young bring energy and the joy of learning. Life is enriched with meaningful intergenerational relationships, and Generations of Purpose are the result.



Community volunteers in the garden

**Neighborhood**-Independent Housing for Older Adults and young families is connected to shared indoor community spaces and surrounded by shared green space. The neighborhood nurse & some support staff reside in the neighborhood Adult Family Home. Life is genuinely shared by a welcoming extended family of friends.